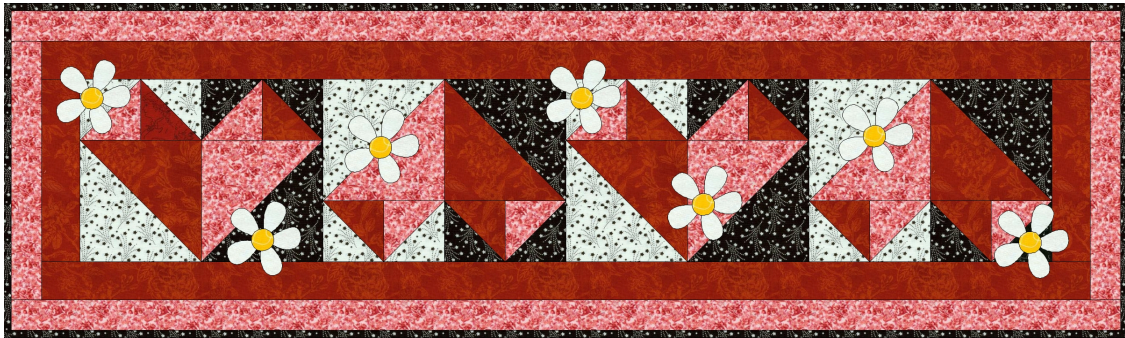


## Simply Hearts Table runner

37" x 11"



### Materials List

Black/white fabric: 1/3 yard for blocks and binding

White/black fabric: 1/4 yard for blocks

Dark pink fabric: 1/3 yard for blocks and border

Light pink fabric: 1/3 yard for blocks and border

White fabric: 1/4 yard for double layer of daisies

Yellow: scraps for daisy centers

Fusible web transfer: 1/3 yard

Backing: 1/3 yard

Batt: 12" x 38"

### Cutting Fabrics:

#### From the black/white fabric cut:

- two 5" squares
- four 3" squares
- three strips 2" x width of fabric for binding

#### From the white/black fabric cut:

- two 5" squares
- four 3" squares

#### From the dark pink fabric cut:

- two 5" squares
- four 3" squares
- three 2" x width of fabric strips for border

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**From the light pink fabric cut:**

- two 5" squares
- four 3" squares
- three 1 ½" x width of fabric strips for border

**Tips**

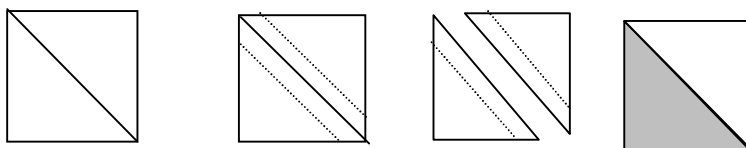
1. Always use a ¼" seam allowance in your project.
2. Wash your fabrics before you start cutting.
3. Strips are cut across the width of the fabric.

**Instructions for Heart Block****8 ½" x 6 ½" unfinished**

1. Pair right sides together the 5" squares in the following combinations:

- White/black with dark pink
- White/black with light pink
- Black/white with dark pink
- Black/white with light pink

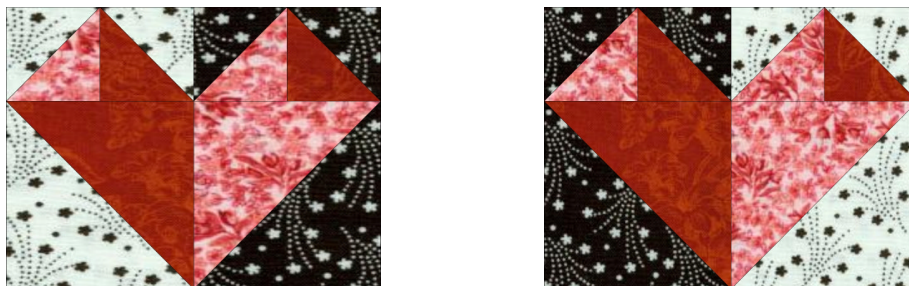
2. Pencil a diagonal line from one corner to the opposite corner on the back of one of the squares for each pair. Sew a ¼" seam along both sides of the penciled line. Cut the square in half on the line and press open the half square triangles.



3. Repeat the same process with 2 pairs each of the 3" squares from each fabric combination.

4. Trim the large half square triangles to a 4 ½" square. Trim the small half square triangles to a 2 ½" square.

5. Lay out the half square triangles to make two blocks each of the heart blocks shown below:



6. Lay out the blocks as shown in the quilt picture and sew together into a row. Press the top.

7. Measure the length of the runner and trim two 2" dark pink strips to that length and sew to the long sides of the runner. Measure the width of the runner with the added border and cut two border strips to that measurement and sew to the ends of the table runner.

8. Repeat to add the second border using the 1 1/2" wide light pink strips.

9. Draw the daisy template on the fusible web seven times. Draw seven center circles.

10. Cut around the templates and fuse the daisies on the back of the white fabric and the centers on the back of the yellow fabric.

11. Cut out the shapes on the lines.

12. Fuse the daisies onto white fabric again to make a double layered daisy which blocks out the dark fabrics from showing through the petals on the runner. Cut out the daisies.

13. Arrange the daisies on the runner and pin down the petals. Fuse the yellow centers on the flowers.

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14. With white thread machine appliqué the daisies to the runner. Use yellow thread to machine appliqué the centers.

15. Layer, baste and quilt the table runner as desired. Trim off the excess batting and backing from around the outside border.

16. Use the 2" wide black/white strips to make the binding and apply to the table runner.

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Daisy and center templates  
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